

Soo Bahk Do PVT Project “Testimonials”

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For my PVT project I collected testimonials of why kids, parents, and teachers from Rocky Mountain Martial Arts value Soo Bahk Do. I asked them why they liked it, what it meant to them, and any positive effects it has had on their lives. I put the testimonials on Rocky Mountain Martial Arts’ facebook page. I also published a letter to the editor of our local newspaper explaining what Soo Bahk Do is, and encouraging people to visit Rocky Mountain Martial Arts’ facebook page, so they could see what members of their community had to say about Soo Bahk Do. I got many responses, and they were all quality, and shared the personal effects that Soo Bahk Do has on people's lives.

This project sounds simple and straightforward, but it’s not. It showed many of the characteristics of a Soo Bahk Do community. Every email I got told what a great project this was, and wished me the best of luck on my Cho Dan test. Some people told me that they were proud of me, and others that they wish they could come to Idaho for my test. This is a demonstration of the support and kindness in society that Soo Bahk Do teaches, and creates. My project also had another effect. Sometimes, when you are asked why you love something, you realize how important it is into you. Aside from making Soo Bahk do more visible in my community, I hope that I made current members of the Moo Duk Kwan realize how special and important Soo Bahk Do is.